

California Cereal Products, Inc.

Nutrition Label

Organic Gluten Free Brown Crisp Rice Ogfbcr-128

4:29pm 03/17/2015

Nutrition Facts	
Serving Size 100 g	
Servings Per Container 1	
Amount Per Serving	
Calories 400	Calories from Fat 25
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 300mg	9%
Total Carbohydrate 85g	28%
Dietary Fiber 4g	15%
Soluble Fiber 0g	
Insoluble Fiber 0g	
Sugars 0g	
Protein 8g	17%
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 10%
Vitamin D 0%	• Vitamin E 0%
Thiamin 30%	• Riboflavin 2%
Niacin 25%	• Vitamin B6 30%
Folate 6%	• Vitamin B12 0%
Magnesium 40%	• Zinc 15%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	Less than 3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Rice, Brown, Medium-grain, Raw