

California Cereal Products, Inc.

Nutrition Label

Crisp Sorghum

4:36pm 03/17/2015

Nutrition Facts																									
Serving Size 100 g																									
Servings Per Container 1																									
Amount Per Serving																									
Calories 360	Calories from Fat 30																								
% Daily Value*																									
Total Fat 3.5g	5%																								
Saturated Fat 0g	0%																								
<i>Trans</i> Fat 0g																									
Polyunsaturated Fat 1.5g																									
Monounsaturated Fat 1g																									
Cholesterol 0mg	0%																								
Sodium 5mg	0%																								
Potassium 370mg	11%																								
Total Carbohydrate 80g	27%																								
Dietary Fiber 7g 27%																									
Soluble Fiber 0g																									
Insoluble Fiber 0g																									
Sugars 0g																									
Protein 12g	24%																								
Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 25% Vitamin D 0% • Vitamin E 0% Thiamin 15% • Riboflavin 8% Niacin 15% • Vitamin B6 0% Folate 0% • Vitamin B12 0% Magnesium 0% • Zinc 0%																									
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.																									
	<table border="1"> <thead> <tr> <th>Calories</th> <th>2,000</th> <th>2,500</th> </tr> </thead> <tbody> <tr> <td>Total Fat</td> <td>Less than 65g</td> <td>80g</td> </tr> <tr> <td>Sat Fat</td> <td>Less than 20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than 300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than 2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Potassium</td> <td>Less than 3,500mg</td> <td>3,500mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td>25g</td> <td>30g</td> </tr> </tbody> </table>	Calories	2,000	2,500	Total Fat	Less than 65g	80g	Sat Fat	Less than 20g	25g	Cholesterol	Less than 300mg	300mg	Sodium	Less than 2,400mg	2,400mg	Potassium	Less than 3,500mg	3,500mg	Total Carbohydrate	300g	375g	Dietary Fiber	25g	30g
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Fat 9 • Carbohydrate 4 • Protein 4																									

INGREDIENTS: Sorghum