

California Cereal Products, Inc.
Nutrition Label
Gluten Free Brown Crisp Rice GfbcR-109

4:51pm 03/17/2015

Nutrition Facts					
Serving Size 100 g					
Servings Per Container 1					
Amount Per Serving					
Calories 400	Calories from Fat 25				
% Daily Value*					
Total Fat 3g	4%				
Saturated Fat 0.5g	3%				
<i>Trans</i> Fat 0g					
Polyunsaturated Fat 1g					
Monounsaturated Fat 1g					
Cholesterol 0mg	0%				
Sodium 520mg	22%				
Potassium 290mg	8%				
Total Carbohydrate 84g	28%				
Dietary Fiber 4g	15%				
Soluble Fiber 0g					
Insoluble Fiber 0g					
Sugars 1g					
Protein 8g	16%				
Vitamin A 0% • Vitamin C 0% Calcium 4% • Iron 10% Vitamin D 0% • Vitamin E 0% Thiamin 30% • Riboflavin 2% Niacin 25% • Vitamin B6 25% Folate 6% • Vitamin B12 0% Magnesium 40% • Zinc 15%					
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.					
	<table border="0"> <tr> <td></td> <td style="text-align: center;">Calories</td> <td style="text-align: center;">2,000</td> <td style="text-align: center;">2,500</td> </tr> </table>		Calories	2,000	2,500
	Calories	2,000	2,500		
Total Fat	Less than 65g 80g				
Sat Fat	Less than 20g 25g				
Cholesterol	Less than 300mg 300mg				
Sodium	Less than 2,400mg 2,400mg				
Potassium	Less than 3,500mg 3,500mg				
Total Carbohydrate	300g 375g				
Dietary Fiber	25g 30g				
Calories per gram:					
Fat 9 • Carbohydrate 4 • Protein 4					

INGREDIENTS: Rice, Brown, Medium-grain, Raw, Rice Syrup, Sea Salt