

**California Cereal Products, Inc.**  
**Nutrition Label**  
**Bumped Brown Plain Rice Blr-124**

4:27pm 03/17/2015

<b>Nutrition Facts</b>																																	
Serving Size 100 g																																	
Servings Per Container 1																																	
Amount Per Serving																																	
<b>Calories</b> 400	Calories from Fat 30																																
% Daily Value*																																	
<b>Total Fat</b> 3g	5 %																																
Saturated Fat 0.5g	3 %																																
<i>Trans</i> Fat 0g																																	
Polyunsaturated Fat 1g																																	
Monounsaturated Fat 1g																																	
<b>Cholesterol</b> 0mg	0 %																																
<b>Sodium</b> 210mg	9 %																																
<b>Potassium</b> 240mg	7 %																																
<b>Total Carbohydrate</b> 83g	28 %																																
Dietary Fiber 4g	15 %																																
Soluble Fiber 0g																																	
Insoluble Fiber 0g																																	
Sugars 1g																																	
<b>Protein</b> 9g	17 %																																
Vitamin A 0% • Vitamin C 0% Calcium 2% • Iron 8% Vitamin D 0% • Vitamin E 6% Thiamin 30% • Riboflavin 6% Niacin 25% • Vitamin B6 25% Folate 6% • Vitamin B12 0% Magnesium 40% • Zinc 15%																																	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.																																	
	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th>Calories</th> <th>2,000</th> <th>2,500</th> </tr> </thead> <tbody> <tr> <td>Total Fat</td> <td>Less than</td> <td>65g</td> <td>80g</td> </tr> <tr> <td>Sat Fat</td> <td>Less than</td> <td>20g</td> <td>25g</td> </tr> <tr> <td>Cholesterol</td> <td>Less than</td> <td>300mg</td> <td>300mg</td> </tr> <tr> <td>Sodium</td> <td>Less than</td> <td>2,400mg</td> <td>2,400mg</td> </tr> <tr> <td>Potassium</td> <td>Less than</td> <td>3,500mg</td> <td>3,500mg</td> </tr> <tr> <td>Total Carbohydrate</td> <td></td> <td>300g</td> <td>375g</td> </tr> <tr> <td>Dietary Fiber</td> <td></td> <td>25g</td> <td>30g</td> </tr> </tbody> </table>		Calories	2,000	2,500	Total Fat	Less than	65g	80g	Sat Fat	Less than	20g	25g	Cholesterol	Less than	300mg	300mg	Sodium	Less than	2,400mg	2,400mg	Potassium	Less than	3,500mg	3,500mg	Total Carbohydrate		300g	375g	Dietary Fiber		25g	30g
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Fat 9 • Carbohydrate 4 • Protein 4																																	

**INGREDIENTS:** Rice, Brown, Long-grain, Raw, Sea Salt